



Family

Establishing Parent-Child Meetings

- Let your child know this is your special time together -- just the two of you.
- Set a specific time on the calendar that will not be preempted.
- Choose a setting that is not likely to include interruptions.
- Establish this time as "safe time;" allow your child to bring up any subject of concern with the understanding that there will be no punishment.
- Communicate honestly with your child.

Meeting Ideas

- Lunch or Dinner
- Miniature Golf
- A Walk At A Favorite Place
- Feed Ducks at the Park
- Take A Drive – Get Out and Explore
- Camp
- Fish
- Ride Bikes
- Rollerblade
- Play A Board Game
- Plant A Garden