

WELCOME TO BEHAVIORAL SCIENCES OF AL, INC (BSofA) Trinity Counseling Center

How did you hear about our office? \_\_\_\_\_ Today's Date \_\_\_\_\_ Provider \_\_\_\_\_  
PATIENT INFORMATION

Patient's Name \_\_\_\_\_ DOB \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Age \_\_\_\_\_ M/F \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
SS # \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Marital Status \_\_\_\_\_ Email Address \_\_\_\_\_  
Primary #(\_\_\_\_\_) \_\_\_\_\_ Alternate #(\_\_\_\_\_) \_\_\_\_\_ Work #(\_\_\_\_\_) \_\_\_\_\_  
OK TO LEAVE MSG Y\_\_ N\_\_ OK TO LEAVE MSG Y\_\_ N\_\_ OK TO LEAVE MSG Y\_\_ N\_\_  
If Employed/Employer \_\_\_\_\_ OR If Student/School \_\_\_\_\_

INDIVIDUAL(S) WE MAY SPEAK TO ABOUT YOUR BILL, INSURANCE, MEDICATION and APPOINTMENTS

INFORMATION: PARENT / GUARDIAN / SPOUSE OF PATIENT (if applicable)

Name \_\_\_\_\_ DOB \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ M/F \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
SS # \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Marital Status \_\_\_\_\_ Email Address \_\_\_\_\_  
Primary #(\_\_\_\_\_) \_\_\_\_\_ Alternate #(\_\_\_\_\_) \_\_\_\_\_ Work #(\_\_\_\_\_) \_\_\_\_\_  
OK TO LEAVE MSG Y\_\_ N\_\_ OK TO LEAVE MSG Y\_\_ N\_\_ OK TO LEAVE MSG Y\_\_ N\_\_  
Relationship to Pt \_\_\_\_\_ Employer \_\_\_\_\_

RESPONSIBLE PARTY INFORMATION Please complete if someone other than those listed above is responsible for payment

Name \_\_\_\_\_ DOB \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ M/F \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
SS # \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Marital Status \_\_\_\_\_ Email Address \_\_\_\_\_  
Primary #(\_\_\_\_\_) \_\_\_\_\_ Alternate #(\_\_\_\_\_) \_\_\_\_\_ Work #(\_\_\_\_\_) \_\_\_\_\_  
OK TO LEAVE MSG Y\_\_ N\_\_ OK TO LEAVE MSG Y\_\_ N\_\_ OK TO LEAVE MSG Y\_\_ N\_\_  
Relationship to Pt \_\_\_\_\_ Employer \_\_\_\_\_

EMERGENCY CONTACT:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Address \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_  
Zip \_\_\_\_\_  
Home phone (\_\_\_\_\_) \_\_\_\_\_ Work phone (\_\_\_\_\_) \_\_\_\_\_ Cell phone (\_\_\_\_\_) \_\_\_\_\_

FINANCIAL STATUS (check one)

\_\_\_\_ Self Pay – I will pay each session and related services in full. I do not have insurance, my insurance does not cover providers at this office, or I will be filing my own insurance.

\_\_\_\_ If applicable, Behavioral Sciences will submit claims to my insurance company on my behalf and I will be responsible for charges not paid by my insurance company. I understand that I may be required to pay for my session(s) in full (some exceptions apply) and that any co-payments and/or deductibles are due at the time of service to avoid a billing fee. I will provide information necessary for BSofA to file my insurance claims.

IF APPLICABLE, PLEASE COMPLETE INSURANCE INFORMATION ON BACK OF PAGE

Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature

Date

INSURANCE INFORMATION (IF APPLICABLE) (Behavioral Sciences of AL, Inc. BSofA)

PLEASE BE AWARE THAT SOME INSURANCE PLANS FOR MENTAL HEALTH COVERAGE RQUIRE THAT YOUR VISITS BE AUTHORIZED IN ADVANCE OF YOUR APPOINTMENT AT BEHAVIORAL SCIENCES OF AL, INC. HAVE YOU CONTACTED YOUR INSURANCE COMPANY TO SEE IF THIS IS REQUIRED? YES \_\_\_\_\_ NO \_\_\_\_\_

IT IS YOUR RESPONSIBILITY TO CONTACT YOUR INSURANCE CARRIER TO DETERMINE COVERAGE AND PROVIDE US WITH YOUR INSURANCE INFORMATION.

CLAIMS REMAINING UNPAID AFTER 90 DAYS BECOME DUE IMMEDIATELY

PRIMARY INSURANCE COMPANY \_\_\_\_\_ Employer \_\_\_\_\_
Policy Holder Name (as it appears on Ins card) \_\_\_\_\_ Relationship to Pt \_\_\_\_\_
Address \_\_\_\_\_ DOB \_\_\_\_ / \_\_\_\_ / \_\_\_\_ SS # \_\_\_\_ / \_\_\_\_ / \_\_\_\_

SECONDARY INSURANCE COMPANY \_\_\_\_\_ Employer \_\_\_\_\_
Policy Holder Name (as it appears on Ins card) \_\_\_\_\_ Relationship to Pt \_\_\_\_\_
Address (if different) \_\_\_\_\_ DOB \_\_\_\_ / \_\_\_\_ / \_\_\_\_ SS # \_\_\_\_ / \_\_\_\_ / \_\_\_\_

I authorize BEHAVIORALSCIENCES OF AL, INC and its associated providers to release any psychological, medical, or other information necessary to process insurance claims for services and to receive payment for claims filed.

Signature

Date

Signature

Date

## CONFIDENTIALITY AGREEMENT

Thank you for selecting Behavioral Sciences of AL, Inc. to help you during this time in your life. As you know, the counseling environment requires discussion and revelation of sensitive information. We want you to know that any information from your records and sessions will be kept confidential. We will need your written permission to release any information regarding your relationship with us to anyone other than Behavioral Sciences of AL, Inc. staff. There are some legal exceptions to the issue of confidentiality and we want to be sure you understand them. We are required by law to break our confidentiality agreement with you when:

1. We believe a client is in danger of harming himself or herself.
2. A client makes a threat against a readily identifiable victim.
3. The abuse of children, elderly persons, and disabled/incompetent individual is known or reasonably suspected.
4. A judge orders the release of the information contained in a client's file.
5. The information is necessary to defend against a malpractice suit by client.
6. The client is examined pursuant to a court order.
7. The validity of a will of a former client is being contested.
8. The client is involved in litigation and has claimed mental/emotional damages.
9. The insurance company paying for services exercises their right to examine all records. Also, please note that insurance companies require a diagnosis of a mental disorder (e.g. depression, panic disorder, etc.) before they will reimburse clients. As a result, some clients choose not to file for reimbursement.

Please indicate your understanding of this agreement by signing below. If you have any questions, your counselor will gladly discuss the issue with you.

I understand and agree to these conditions, and will not hold the counselor or Behavioral Sciences of AL, Inc responsible for releasing information under these conditions.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_  
(If client is under the age of 14)

### RELEASE OF INFORMATION

For continuity of care it may be necessary for Behavioral Sciences of AL, Inc. (BSofA) to communicate with your primary physician / pediatrician, the referring physician and/or your other professional at BSofA.

NAME OF PRIMARY CARE PHYSICIAN / PEDIATRICIAN \_\_\_\_\_

Address \_\_\_\_\_

Phone Number \_\_\_\_\_

By signing below I authorize communication and understand that I am free to revoke this authorization at any time.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_  
(If client is under the age of 14)

## Symptom Checklist

Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

PLEASE PUT A CHECKMARK NEXT TO THE SYMPTOMS YOU HAVE BEEN EXPERIENCING

### SLEEP PROBLEMS

- Difficulty falling asleep
- Early morning waking
- Waking during the night
- Feel tired when waking
- Increase in dreams
- Unpleasant dreams
- Excessive sleep

### CHANGES IN

- Energy level
- Weight \_\_\_lbs: lost/gained
- Health
- Sexual interest
- Sexual performance
- Appetite

### FEELINGS OF

- Anxiety
- Tiredness
- Boredom
- Lack of interest
- Sadness
- Depression
- Despair
- Worthlessness
- Helplessness
- Emptiness
- Rage
- Tension
- Loneliness
- Guilt
- Hopelessness

### CONFLICT WITH

- Spouse
- Family member
- Other loved one

### EXPERIENCE OF

- Vivid dreams
- Nightmares
- Hearing voices
- Seeing visions
- Being out of body

### THOUGHTS OF

- Harming yourself
- Harming others

### RECENT HISTORY OF

- Nausea/vomiting
- Diarrhea
- Sweating
- Chest pain
- Dizziness
- Headaches
- Trembling
- Lower back pain
- Dry mouth
- Shortness of breath
- Palpitations
- Rapid breathing
- Head injury
- Loss of consciousness
- Loss of memory
- Confusion
- Seizure
- Bleeding
- Swollen joints
- Numbness, tingling
- Paralysis
- Flashbacks
- Blackouts

### DIFFICULTY WITH

- Short attention span
- Carelessness or sloppy work
- Listening when spoken to
- Following through on instructions
- Organizing tasks or activities
- Avoiding homework or paperwork
- Losing things at home or school
- Forgetfulness in daily activities
- Fidgeting or squirming in seat
- Playing quietly
- Talking excessively
- Speaking out of turn
- Waiting for others
- Interrupting or intruding on others

### PROBLEMS WITH

- Arguing a lot
- Lying
- Stealing
- Losing temper
- Avoiding people
- Spending/finances
- Sexual behavior
- Gambling
- Eating
- Fighting
- Increased drinking
- Destroying things

### FEAR OF

- Loss of control
- Death
- Being alone
- Places/situations
- Objects or animals
- Cancer
- AIDS
- Being possessed
- Being insane

# Behavioral Sciences of AL, Inc. (BSofA)

## OFFICE POLICIES

In order to provide the highest quality of service to you, we ask that you be aware of our office policies.

- ❖ Please notify our office as soon as possible if you are unable to keep your scheduled appointment. We do not overbook – your appointment time is specifically for you. If you arrive late, you will be asked to reschedule your appointment. We are generally able to keep to our schedule, but sometimes delays happen, we apologize in advance if you experience one.
- ❖ We offer to give you a courtesy reminder call 2 business days before your scheduled appointment. If we do not reach you at the number you instructed us to call, we will leave a message provided your voicemail is active and receiving messages. This is a courtesy only, it is your responsibility to arrive on time for & keep your scheduled appointment. A fee will be charged for missed appointments and appointments not cancelled or changed with 24 hours advance notice. If you call during non-business hours, you will be offered an option to leave a message. (256) 883-3231.
- ❖ For your convenience we accept cash, check, debit cards, and most major credit cards, and we accept payments made by phone. Payment for services is due at the time they are administered. If special financial arrangements are made for future care or there is a balance left unpaid due to insurance, your payment will be due monthly, by the 8th of the month. If you are unable to fulfill your payment obligation for any reason, please contact the office so that we are aware of the problem. We will gladly work with you if we are made aware of the circumstance. Consistent monthly payments may help to avoid additional charges and delinquent status. Delinquent accounts will be turned over to a professional collection agency with additional collection fees added. A \$35.00 service charge will be added to all returned checks; a \$10.00 billing fee will be added to unpaid balances over 30 days old. (payment is due at the time of your appointment) It is my responsibility to remit payment for any amount not paid by my insurance company 120 days after service is provided.
- ❖ There will be a charge to process medication requests without appointments: lost prescriptions/same day refills or if you have cancelled, missed or did not schedule a follow up visit at your last appointment. Please allow at least 3 business days for prescription refill request; in most cases we do not authorize refill requests called in during non-business hours, or if you miss or cancel your scheduled follow up visit. Messages left will be checked the next business day when our office reopens. We do not accept refill requests from your pharmacy.
- ❖ There will be a charge to complete forms (including FMLA and disability), which is not billable to your insurance company.
- ❖ Additional Charges: Testing fees vary and are not covered by most insurance carriers; it is your responsibility to check with your insurance company regarding coverage. If you have been referred for testing, a testing estimate will be provided for your review and signature indicating financial responsibility. Please review the estimate carefully and feel free to inquire about the tests suggested and the cost of those tests.
- ❖ Fees for non-emergency phone calls, phone consultations, letters or reports, travel time to and from consultations and other professional services will be billed at the professional's hourly rate.

BY SIGNING BELOW, I ACKNOWLEDGE THAT I HAVE READ THE ABOVE INFORMATION AND AGREE TO THE OFFICE POLICIES AT BEHAVIORAL SCIENCES OF AL, INC

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date