

CHILD PSYCHIATRIC CHECKLIST

Dr. Aparna Vuppala

Name of Child: _____

Rater: Parent () Child ()

Current Medication(s) (if any): _____

History of Psychiatric Hospitalization: Yes _____ No _____

Diagnosis in the past (by a Doctor or Mental Health Professional): _____

Please take a few minutes to report your child's behavior over the past few weeks:

	Never	Some-times	Often	Very Often
Category A				
1. Fidgets with hands or feet or squirms in seat				
2. Has difficulty remaining seated when asked to do so				
3. Is easily distracted				
4. Has difficulty awaiting turn in games or group activities				
5. Blurts out answers to questions before they have been completed				
6. Has difficulty following through on instructions from others; fails to finish things they start				
7. Has difficulty paying attention to tasks or play activities for an extended period of time				
8. Shifts from one uncompleted activity to another				
9. Has difficulty playing quietly				
10. Talks excessively				
11. Interrupts people or butts into other children's games				
12. Does not seem to listen				
13. Loses things necessary for activities at school or at home				
14. Does dangerous things without considering possible consequences (like running into street without looking)				
15. Has difficulty organizing work				
16. Needs a lot of supervision				
17. Calls out in class				
18. Excessively runs about or climbs on things				
19. Is always "on the go" or acts as if "driven by a motor"				

Category B

20. Steals things				
21. Runs away from home overnight				
22. Serious lying				
23. Deliberately starts fires				
24. Breaks into someone else's house, building; or car				
25. Deliberately destroys others' property				
26. Is physically cruel to animals or people				
27. Starts physical fights with others				
28. Breaks important rules that are appropriate for their age (such as playing hookey, smoking cigarettes, etc.)				

	Never	Some- times	Often	Very Often
Category C				
29. Loses temper or has temper tantrums				
30. Defies or refuses what you tell them to do				
31. Does things to deliberately annoy others				
32. Blames others for their own mistakes				
33. Is touchy or easily annoyed by others				
34. Is angry and resentful				
35. Swears or uses obscene language				
36. Argues with what you tell them to do				
37. Acts stubborn				

Category D				
38. Has unrealistic worries about future events				
39. Is overconcerned about their own abilities in athletic, academic or social situations				
40. Complains about physical problems (headaches, upset stomach, etc.) for which there is not apparent cause				
41. Is extremely self-conscious				
42. Has excessive need for reassurance				
43. Is extremely tense or unable to relax				

Category E				
44. Is depressed or irritable for most of the day				
45. Shows little interest in (or enjoyment of) pleasurable activities				
46. Recent major changes in appetite or weight				
47. Has difficulty falling asleep or staying asleep				
48. Has low energy level or is tired for most of the day				
49. Feels worthless, guilty, or inferior to others (puts himself/herself down)				
50. Has recurrent thoughts of death or suicide				
51. Recent drop in school grades or schoolwork				
52. Big decrease in social interaction				
53. Is tearful, cries often, or is overly sensitive				

Category F				
54. Has strange ideas or beliefs that are not real (for example, their food is poisoned or people are trying to get them)				
55. Has auditory hallucinations in which the child says they hear voices talking to them or telling them to do things				
56. Laughs or cries at inappropriate times or shows no emotion in situations where most other children would react				
57. Does extremely odd things such as abnormal preoccupation with fantasy friends or objects or talks to self in an abnormal way				

Category G				
58. Is unaware or takes no interest in others or their feelings				
59. Does not seem to need or want comfort when hurt				
60. Cannot imitate others' actions				
61. Does not play with other children				
62. Not interested in making friends				

	Never	Some-times	Often	Very Often
63. Has difficulty relating to other children				
64. Talks in a strange way, such as a question like a melody or in a monotonous tone; repeats what others say; confuses words like "you" and "I"; uses odd phrases				
65. Has difficulty in making socially appropriate conversation				
66. Makes strange body movements like flapping arms				
67. Has strange interests in or fondness for peculiar objects (for example, spinning an ashtray around and around)				
68. Gets very upset over small changes in routine or surroundings (for example, arrangement of furniture)				
69. Insists on doing things the same exact way each time				
70. Shows interest in very few things; gets preoccupied with one topic				

Category H

71. Significant delay in language development				
72. Had difficulty learning motor skills like walking, riding a bicycle, drawing, using scissors				
73. Has difficulty in reading, math or writing				

Category I - Periods (lasting 2 days or more) where child or adolescent:

74. Is abnormally cheerful or irritable most of the time				
75. Talks excessively (as though he/she must keep on talking)				
76. Needs only a few hours of sleep at night				
77. Switches rapidly from one topic, project or activity to another				
78. Is extremely active (goes non-stop)				
79. Does reckless or silly things (dare-devil behaviors)				
80. Is explosive (has lengthy and destructive rages)				
81. Believes that they have special abilities or can do things that are unrealistic				

Category J

82. Tries to avoid contact with strangers; is abnormally shy				
83. Is excessively shy with peers, but generally warm and outgoing with family members and familiar adults				

Category K

84. Worries that parents will be hurt or leave home and not come back				
85. Worries that some disaster (such as kidnapping) will separate them from their parents				
86. Tries to avoid going to school in order to stay home with parent				
87. Refuses to go to sleep unless near parent				
88. Clings to and follows parents around				
89. Complains about headaches, stomachaches, or other sicknesses when they expect to be separated from parents				
90. Has repetitive behaviors or mental acts (compulsions)				
91. Has panic attacks				
92. Has marked and persistent fear of a specific object or situation				

Category L

	Never	Sometimes	Often	Very Often
93. Wets bed at night				
94. Wets or soils underwear during daytime hours				
95. Has sudden, rapid, recurrent motor movements or vocalizations				

Please comment on competence in these areas:

96. Current school performance <i>(please circle)</i> Comments:	Above Average	Average	Below Average
97. Sports Comments:	Above Average	Average	Below Average
98. Recreation Comments:	Above Average	Average	Below Average
99. Chores Comments:	Above Average	Average	Below Average
100. Social skills with peers and siblings Comments:	Above Average	Average	Below Average